



# Editor's Welcome

**Dear colleagues!**

In the 23d issue of the International Heart and Vascular Disease Journal, there are the leading article, original and review articles.

The leading article section presents the study of arterial pressure and left ventricular geometry in heavyweight athletes. The results of the study on the association between BP and heart geometry disturbances in heavyweight athletes may be used as the scientific basis for organizing preventive programs with the main focus on risk groups.

Four articles are published in the «Original articles» section. The first article presents the study on the effect of antihypertensive, lipid-lowering and metabolic therapy on hemodynamic parameters and life quality in patients with arterial hypertension and chronic kidney disease. The second article included 528 patients and was dedicated to the association between chronic kidney disease and cardiovascular risk factors in patients with diabetes mellitus. It was found that 8% of patients had decreased glomerular filtration rate, 36% - microalbuminuria. Researchers also assessed its general and individual risk factors that can be used for preventive measures. The third article is dedicated to the association between inflammatory diseases of periodontium and cardiovascular diseases in patients with different cardiovascular risk. The authors concluded that specialists of related disciplines need to evaluate the prognostic significance of risk factors when assessing subclinical atherosclerosis and periodontium condition in order to perform preventive measures. The fourth article assessed the efficacy and cardiovascular safety of sildenafil in men with stable coronary artery (CAD) disease and erectile dysfunction (ED). The investigation showed that course therapy with low doses of sildenafil as part of complex therapy can be used for ED treatment in patients with CAD with low and moderate risk according to Princeton Consensus.

The "Review article" section presents the analysis of anticoagulative therapy possibilities in stroke patients with atrial fibrillation as well as indications, dosing and administration recommendations of oral anticoagulants.

We invite everybody to collaborate with the journal. We are waiting for your original papers, review articles, discussions, and opinions about problems, treatment and prophylaxis recommendations.

**Rafael G. Oganov**

Editor-in-Chief

President of the "Cardioprogress" Foundation